

Chartwells Newsletter

August 2022

Back to School Edition



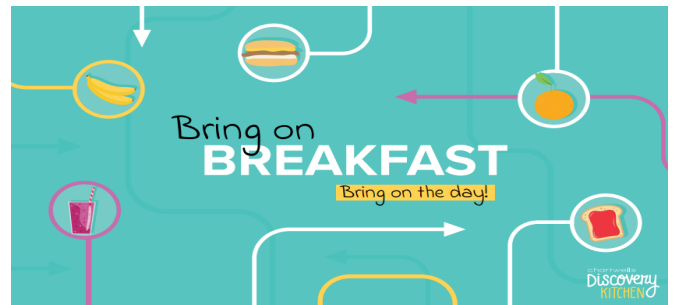
**WELCOME
BACK!**

Welcome back, students! The Chartwells Poplar Bluff staff has worked hard over the summer and we are excited to introduce new items to the menu! Chicken Buffalo Dip, Frito Pie, Buffalo Ranch Quesadilla, Shepherds Pie, just to name a few. Vegetarian options available at High School and Junior High upon request. As always, we encourage you to reach out to your lunchroom manager should you find your meal dissatisfactory. We also invite you to email Dixie Harden, Director of Dining Services, with any suggestions, compliments, or complaints at the contact info below.



We want
to hear
from you!

Dixie Harden
DIRECTOR OF DINING SERVICES
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Dixie.harden@compass-usa.com



August is Bring on Breakfast month in the cafeterias where we'll be engaging students with delicious recipes, interactive demos, and fun and informative nutrition education. Bring on Breakfast adds excitement to the beginning of the school day by offering delicious food that fuels the day.



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August is National Peach Month



Peach Green Tea Smoothie

Ingredients

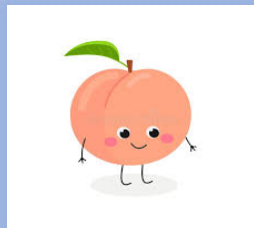
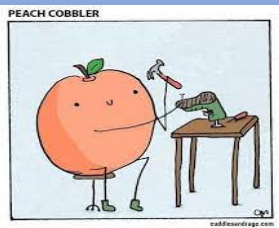
- 1 c chilled green tea
 - 1 heaping c. of frozen peaches
 - ½ c frozen banana
 - ½ c plain non-fat Greek yogurt
 - 2 T honey
 - ½ t vanilla extract
 - ½ c ice (adjust for thickness)
1. Place all ingredients into blender and blend until smooth. Garnish with a peach slice.



August Food Holidays

- Aug 4: National Chocolate Chip Cookie Day
- Aug 13: National Filet Mignon Day
- Aug 16: National Bratwurst Day
- Aug 20: National Bacon Lover's Day
- Aug 22: National "Eat a Peach" Day
- Aug 24: National Peach Pie Day
- Aug 27: National Burger Day

How will you celebrate?



Poplar Bluff R1 School
District

chartwells
serving up happy & healthy