

Chartwells November 2023 Newsletter

This Month in Discovery Kitchen

November is Let's Get Cooking month in the cafes where we'll be engaging students with delicious recipes, interactive demos, and fun and informative nutrition education. Let's Get Cooking is a celebration of homemade foods and empowering students to make some of our own recipes at home with their family and friends.

In November, Chef Kevin will organize Discovery Kitchen experiences in the cafeteria and classrooms with interactive ways students can taste and learn about basic cooking skills and homemade recipes they can enjoy during the holidays.

A Reason to Celebrate!

November 3: National Sandwich Day

Whether you stack it high or thin, National Sandwich Day on November 3rd recognizes one of America's favorite lunch items.

November 6: National Nacho Day

Since the time of the original nachos, the toppings have expanded. Today we add beef, chicken, and seafood along with a variety of seasonings. This snack even satisfies the pickiest eater. Whether you're a vegan to full-on carnivores, there's a nachos recipe for you.

November 11: Veterans Day

Veterans Day occurs on November 11 every year in the United States in honor of the "eleventh hour of the eleventh day of the eleventh month" of 1918 that signaled the end of World War I, known as Armistice Day.

November 28: French Toast Day

Do you prefer them topped with fruit, syrup, or whipped cream? Try it whichever way you like as we celebrate National French Toast Day!

HAPPY
Thanksgiving

